

# BETWEEN THE COBBLESTONES™

*What Happens Between The Cobblestones...*  
**IS ON EVERYONE'S LIPS**  
**TidBits Overheard...Didjano's...All The Buzzzzzzzz!**

Vol. 1 No. 47

January 16, 2011

<http://tedjoslin.com/cobblestones/>



## Wild Card Weekend

**Sat., Jan. 8 8PM NBC**

**17** New York Jets @ Indianapolis **16**

**Sun., Jan. 9 1 PM CBS**

**30** Baltimore @ Kansas City **7**

**Sat., Jan. 8 4:30 PM NBC**

**36** New Orleans @ Seattle **41**

**Sun., Jan. 9 4:30 PM FOX**

**21** Green Bay @ Philadelphia **16**

## Divisional Playoffs

**Sat., Jan. 15 4:30 PM CBS**

**Baltimore @ Pittsburgh**

**Sun., Jan. 16 4:30 PM CBS**

**NY Jets @ New England**

**Sat., Jan. 15 8 PM FOX**

**Green Bay @ Atlanta**

**Sun., Jan. 16 1 PM ET FOX**

**Seattle @ Chicago**

## Conference Championships

**Sun., Jan. 23 6:30 PM CBS**

**TBD @ TBD**

**Sun., Jan. 23 3 PM ET FOX**

**TBD @ TBD**

**Sun., Feb. 6 6:30 PM FOX**

**TBD @ TBD**



Mon 17 vs <a href="#">Charlotte</a>	2pm CSN
Wed 19 @ <a href="#">Orlando</a>	7pm CSN
Thu 20 @ <a href="#">Charlotte</a>	7pm TCN-PHI
Sat 22 vs <a href="#">Utah</a>	7:30pm CSN



Date	Visitor	Home	Time (ET)
Tue Jan 18	Capitals	Flyers	7PM CSN
Thu Jan 20	Senators	Flyers	7PM CSN
Sat Jan 22	Devils	Flyers	1PM CSN

## Experience **PLUNGE!**



<http://www.plungede.org/>

Don't miss out on all the **Chills 'n Thrills** that many Cobblestones experienced last year.



This Month is: [Bread Machine Baking Month](#) [Natl Candy Month](#) [Natl Egg Month](#) [Natl Hot Tea Month](#) [Natl Meat Month](#) [Natl Oatmeal Month](#) [Natl Soup Month](#) [Natl Wheat Bread Month](#) [Prune Breakfast Month](#)

Jan 16 [Natl Fig Newton Day](#) [InterNatl Hot & Spicy Food Day](#) [Natl Nothing Day](#)

Jan 17 [Hot-Buttered Rum Day](#) [Ditch New Years Resolutions Day](#)

Jan 18 [Peking Duck Day](#) [Thesaurus Day](#)

Jan 19 [Natl Popcorn Day](#)

Jan 20 [Natl Buttercrunch Day](#) [Natl Cheese Lover's Day](#) [Natl Granola Bar Day](#) [Penguin Awareness Day](#)

Jan 21 [New England Clam Chowder Day](#) [Natl Hugging Day](#) [Squirrel Appreciation Day](#)

Jan 22 [Natl Blonde Brownie Day](#)

## PLAN AHEAD

Jan 23 [Natl Rhubarb Pie Day](#) [Natl Handwriting Day](#)

Jan 24 [Natl Peanut Butter Day](#) [Lobster Thermidor Day](#) [Beer Can Appreciation Day](#)

Jan 25 [Natl Irish Coffee Day](#) [Opposite Day](#)



Again, what a whopping' great newsletter. Heard so many wonderful comments and compliments of your dedication and humor in presenting the news of New Castle. Thanks, again, from so many of us!!! **Jms**



After, what seemed to be, a moratorium on intelligent, watchable films over the summer and Fall, movie fans got slammed, as usual, at the end of the year, as producers and directors scrambled to get the "good stuff" out there to qualify for coveted Oscar nominations. And good stuff it is. "The King's Speech" and "Black Swan" both have tons of Oscar buzz surrounding them. "True Grit" re-invents the Western with grand performances by Jeff Bridges, Matt Damon, and an awesome 14 year old, Hailee Steinfeld, and tons of really bad guys. It is simply one of those movies you don't want to end. However, equally enthralling, with killer acting efforts on so many levels, is "The Fighter". Based on a true story, it tells of two brothers in Lowell, Mass. who've both spent many hours in the boxing ring and are waiting for that big comeback. Mark Wahlberg's portrayal of Mickey is solid and reliable. The mounting frustration he feels for his dysfunctional family is palpable throughout the film. But there are some real scene stealers in this movie. This role of Dickey, the "loser brother" was made for the intensity that Christian Bale always brings to the screen. We've all known a Dickey. He's that guy that is his own worst enemy, a big mouth braggart with a big heart who wouldn't know the truth if it punched him in the face. Living on the edge, in more ways than one, has not taught him one lesson. Dickey is the guy we all smile and shake our heads over. Bale, quite simply, nails this character. I've known this guy. We all have. In fact, I think I dated him once. The absence of an Oscar-win here, not JUST a nomination, for Best Supporting Actor would be a crime. Equally convincing as Mick and Dick's mother, Alice, is Melissa Leo. Alice is a chain smoking, take-no-prisoners, mother lion of a momma. Amy Adams steps out of her comfort zone to play Mickey's bar tending girlfriend

who has to hold her own against his crazy family including five Harpy-like sisters who, like their brothers, love to kick butt. It makes for a lively crew, to say the least. "The Fighter" has a lot of heart and, sometimes it even takes a lot of heart to just watch but it's a movie about how we survive, about the human condition, and the, sometimes, crazy ties that bind. I strongly recommend it and I bet, if you go to see it, you'll be shaking your head and smiling, too. **KZ**



Christmas bills got ya down? Need extra cash? Most of us do, but 'one low octane Cobblestone' decided to make a rater forceful withdrawal at WTC on Delaware Street. Trouble is, ya see, he peddled his bounty away on his bicycle - *through the snow!* Making it rather easy to be tracked by New Castle's finest! *Anybody say Indian scout?* Most of the ill-gotten withdrawal was soon recovered, minus four c-notes. *Perhaps a payment needed to be made?*

And there was another 'character' that decided to see what was available in an empty dwelling to his liking. Rather than scurry off with electronics, paintings or the family jewels, he stumbles upon the liquor cabinet. Perhaps a brewski or two was in order as his reward, he thought.

He had consumed three bottles of Seagram's gin and two bottles of Seagram's whiskey. But in his inebriated state, he was not able to climb back out the window. So, he called 911 and rescue workers were able free him and he was promptly arrested.

Rest assured faithful reader, more **CSC's** will be reported on these pages in the future. - TGJ





### 3 New Tips to Help You Lose Weight This Year from RealAge

Sure, weight loss boils down to a matter of calories in and calories out. But a few subtle and surprising diet changes could greatly increase your pound-shedding

potential.

Heather K. Jones, author of [Drop 5 lbs: The Small Changes, Big Results Diet](#), recommends these three unusual waist-slimming tactics:

**Sip vegetable juice every day.** Research suggests vegetable juice may help control your appetite. In a study, people following the DASH diet lost four times as much weight in 12 weeks when they drank an 8-ounce glass of low-sodium vegetable juice each day, compared with those who ditched juice. Choose natural vegetable juice with no salt or sugar added. ([Here's more on the DASH diet and how it helps your overall health.](#))

**Have a meatless lunch.** This simple act could knock off 5 pounds or more in a year if you do it once a week, writes Jones. In a study, people who ate mushroom-based lunches instead of beef-based ones ate 30 fewer grams of fat the rest of the day and felt equally satisfied. ([Experiment with these hearty Pecan and Mushroom Burgers.](#))

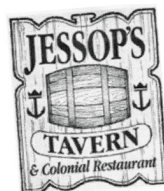
**Seek protein from the sea.** You can lose more weight on a reduced-calorie diet that includes fish rather than on a seafood-free weight loss plan. Fish packs fewer calories per ounce than beef, pork, and most skin-on poultry. And the omega-3 fats that fish contains may help stimulate fat burning in cells, researchers claim. ([Try making these easy Oven-Poached Salmon Fillets.](#))

## SECOND IN A

### Who's The DUDE / DUETTE Series

Send your answer & pictures to flytedb13@comcast.net

**Who's  
The  
Dude?**



## Belgium Beer

D I N N E R

Wed., Jan. 26th ~ 6pm - 9pm

Tickets Are Limited \$30

### Palm Draft

**Cheese & Fruit** served with **Rodenbach**  
**Chicken New Castle**

served with  
**Steenbrugge Tripel**

*Chicken Breast with Crab Meat*

*served with an Old Bay Cream Sauce*

**Black Forest Cherry Cobbler** served with  
**Boon Kriek Lambic**

### the **Makin' Whoopie** trio



Appearing at:

**The Blue Parrot**

Wed., Jan. 26th • 8pm to 11

Featuring

*Deb Shane's* smooth and sultry vocals  
*Mike Fisher's* crooning and acoustic guitar  
*"Hurricane" Hank Carter's* scintillating sax  
**The Blue Parrot Bar and Grille**  
1934 West 6th St., Wilmington  
At the corner of 6th and Union  
302.655.8990  
<http://www.myspace.com/makinwhoopiemusic>

### Cobblestone Reminders

See the **New Castle Weekly** for Full Schedules

Tues. 1/18 • Hist. NC Alliance. Mtg. 7pm

Wed. 1/19 • City Board of Elections Mtg. 7pm

Thurs. 1/20 • Hist. Area Comm. Mtg. 5pm

Mon. 1/24 • Planning Comm. Mtg. 6:30pm

Tues. 1/25 • Board of Health Mtg. 6pm

## NO TRASH PICKUP

**TOMORROW, JAN. 17**

Reg Mon 1/17 Revised Tues 1/18

Reg Tues 1/18 Revised Wed 1/19

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TGJ, Editor hav'n fun



**COMING  
SOON!**

